



Fun with the  
letter “**F!**”

F is for...

# Family

We all have different types of families.  
Some have big families, some have small families.

Write a story about your family and draw pictures to go with your story. Your story can be about your favorite memory with your family, something that happened in your family, or you can even make up a story! Use your imagination!

Recently at MCM, we read a book about families and then drew pictures of our family. Here's our friend Tremaine telling us about his family...



Once you write your story and draw the pictures, bring them to MCM and read it for us!

# F is for... Fruit

Fruit is a very important food group. Fruits have lots of good vitamins for to help keep us healthy. Here is a fun, yummy way to eat fruit at home.

## Fruit Face!!!

Make a funny face out of cut up fruit! You can use any fruit that you want. Kiwi eyes, strawberry nose, banana mouth, orange ears...you can make it look however you want. Make sure you don't only make a funny face, but you eat it too!!!



Happy snacking!!!

# F is for... Fossils

Fossils are the remains or traces of plants or animals that lived many years ago, preserved in the rocks of the Earth. Usually when something dies it is completely destroyed or decayed, but sometimes the remains are buried in the ground before they can be destroyed and if everything goes just right they remains are fossilized!

Here in central Mississippi, archeologists have found fossils of a Zygorhiza, which is a small, prehistoric whale! Next time you come to MCM make sure to check out our fossil dig and you can see real Zygorhiza fossils and be the archeologist!!!

